



Otezla (apremilast) is a prescription medicine approved for the treatment of patients with moderate to severe plaque psoriasis for whom phototherapy or systemic therapy is appropriate.

A DISCUSSION GUIDE FOR YOU **AND** YOUR DERMATOLOGIST

Answer the questions below, and bring them with you to your next appointment. They're designed to help you get a sense of how your plaque psoriasis is affecting you, and to provide you with a few questions to ask your dermatologist about Otezla.

QUESTIONS FOR YOU

Remember to bring this with you to your next appointment.

1. How much of an impact does plaque psoriasis have on you?
No impact Some impact More impact than I'd like Serious impact
2. How has your plaque psoriasis changed since your last appointment?
No change It has improved It has worsened
3. On a scale of 1 to 10 (10 being the worst), how would you rate your overall symptoms over the last month (redness, thickness, scaliness)?
1 2 3 4 5 6 7 8 9 10
4. Are you satisfied with the symptom improvement provided by your current treatment?
Not satisfied Somewhat satisfied Very satisfied
5. How interested are you in learning about Otezla, an oral treatment option?
Very interested Somewhat interested Not at all interested

QUESTIONS FOR YOUR DERMATOLOGIST

Ask your dermatologist the following questions to see if Otezla is right for you.

1. What symptoms does Otezla treat for plaque psoriasis?

2. How often is the Otezla pill taken?

3. Does Otezla® (apremilast) require any lab monitoring?

4. What makes Otezla different from my current plaque psoriasis treatment?

5. Can I save on Otezla?

APPROVED USE

Otezla is a prescription medicine approved for the treatment of patients with moderate to severe plaque psoriasis for whom phototherapy or systemic therapy is appropriate.

IMPORTANT SAFETY INFORMATION

You must not take Otezla if you are allergic to apremilast or to any of the ingredients in Otezla.

Otezla is associated with an increase in adverse reactions of depression. In clinical studies, some patients reported depression and suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression, suicidal thoughts, or suicidal behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.

Some patients taking Otezla lost body weight. Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

Some medicines may make Otezla less effective, and should not be taken with Otezla. Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.

Side effects of Otezla were diarrhea, nausea, upper respiratory tract infection, tension headache, and headache.

These are not all the possible side effects with Otezla. Ask your doctor about other potential side effects. Tell your doctor about any side effect that bothers you or does not go away.

Tell your doctor if you are pregnant, planning to become pregnant, or planning to breastfeed. Otezla has not been studied in pregnant women or in women who are breastfeeding.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-332-1088.

Please see Full Prescribing Information at otezla.com.



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